How well are your kidneys working?

Explaining Your Kidney Test Results

Your GFR result on \( \frac{8}{2012} \) was \( >60 \).

- A GFR of 60 or higher is in the normal range.
- A GFR below 60 may mean kidney disease.
- A GFR of 15 or lower may mean kidney failure.

What is GFR?

GFR stands for glomerular filtration rate. GFR is a measure of how well your kidneys filter blood.

Your urine albumin result on \( \frac{8}{2012} \) was 3,894.

- A urine albumin result below 30 is normal.
- A urine albumin result above 30 may mean kidney disease.

What is urine albumin?

Albumin is a protein found in the blood. A healthy kidney does not let albumin pass into the urine. A damaged kidney lets some albumin pass into the urine. The less albumin in your urine, the better.

Your blood pressure result on \( \frac{8}{2012} \) was 140/83.

Controlling your blood pressure may help to protect your kidneys.