How well are your kidneys working?

Explaining Your Kidney Test Results

Your GFR result on 12/2011 was 56.

☐ A GFR of 60 or higher is in the normal range.
☒ A GFR below 60 may mean kidney disease.
☐ A GFR of 15 or lower may mean kidney failure.

What is GFR?
GFR stands for glomerular filtration rate. GFR is a measure of how well your kidneys filter blood.

Your urine albumin result on 12/2011 was 65.

☐ A urine albumin result below 30 is normal.
☒ A urine albumin result above 30 may mean kidney disease.

What is urine albumin?
Albumin is a protein found in the blood. A healthy kidney does not let albumin pass into the urine. A damaged kidney lets some albumin pass into the urine. The less albumin in your urine, the better.

Your blood pressure result on 12/2011 was 168/105. HIGH

Controlling your blood pressure may help to protect your kidneys.
How well are your kidneys working?

Explaining Your Kidney Test Results

Your GFR result on 3/1/12 was $>60$. A GFR of 60 or higher is in the normal range. A GFR below 60 may mean kidney disease. A GFR of 15 or lower may mean kidney failure.

What is GFR?
GFR stands for glomerular filtration rate. GFR is a measure of how well your kidneys filter blood.

Your urine albumin result on 3/1/12 was 26. A urine albumin result below 30 is normal. A urine albumin result above 30 may mean kidney disease.

What is urine albumin?
Albumin is a protein found in the blood. A healthy kidney does not let albumin pass into the urine. A damaged kidney lets some albumin pass into the urine. The less albumin in your urine, the better.

Your blood pressure result on 3/1/12 was 135/80. Controlling your blood pressure may help to protect your kidneys.