

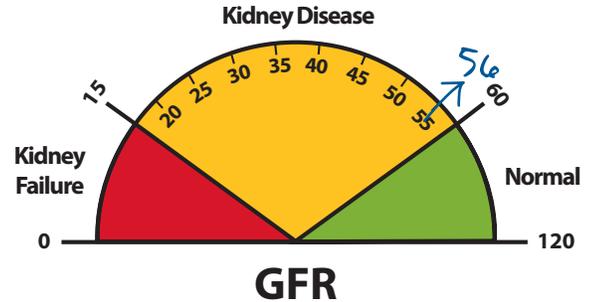
How well are your kidneys working?

Harriet Nells

Explaining Your Kidney Test Results

Your GFR result on 12/2011 was 56.
Date

- A GFR of 60 or higher is in the normal range.
- A GFR below 60 may mean kidney disease.
- A GFR of 15 or lower may mean kidney failure.



What is GFR?

GFR stands for glomerular filtration rate. GFR is a measure of how well your kidneys filter blood.

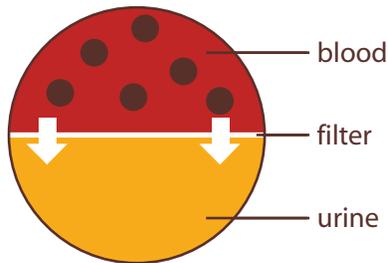
Your urine albumin result on 12/2011 was 65.
Date *was 120 in August LOWER NOW!*

- A urine albumin result *below 30* is normal.
- A urine albumin result above 30 may mean kidney disease.

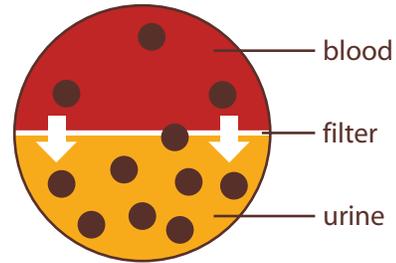
What is urine albumin?

Albumin is a protein found in the blood. A healthy kidney does not let albumin pass into the urine. A damaged kidney lets some albumin pass into the urine. The less albumin in your urine, the better.

Inside a **healthy** kidney



Inside a **damaged** kidney



● albumin

Your blood pressure result on 12/2011 was 168/105. *HIGH*
Date

Controlling your blood pressure may help to protect your kidneys.

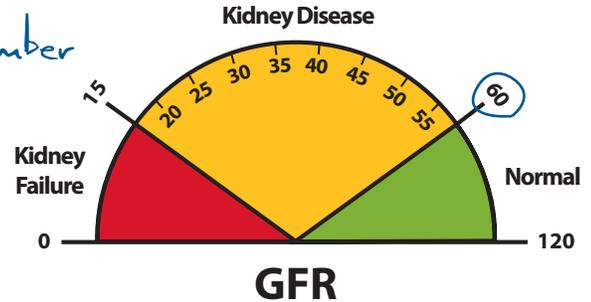
How well are your kidneys working?

Explaining Your Kidney Test Results

Harriet Nells follow-up

Your GFR result on 3/1/12 was 760.
Date was 56 in December

- A GFR of 60 or higher is in the normal range.
- A GFR below 60 may mean kidney disease.
- A GFR of 15 or lower may mean kidney failure.



What is GFR?

GFR stands for glomerular filtration rate. GFR is a measure of how well your kidneys filter blood.

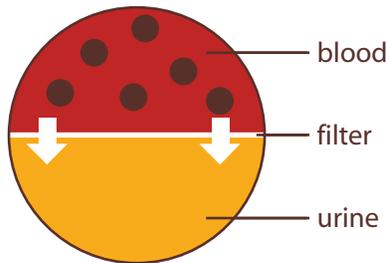
Your urine albumin result on 3/1/12 was 26.
Date was 65 in December

- A urine albumin result below 30 is normal.
- A urine albumin result above 30 may mean kidney disease.

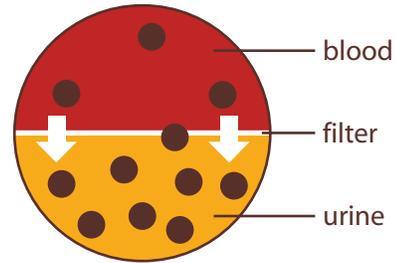
What is urine albumin?

Albumin is a protein found in the blood. A healthy kidney does not let albumin pass into the urine. A damaged kidney lets some albumin pass into the urine. The less albumin in your urine, the better.

Inside a **healthy** kidney



Inside a **damaged** kidney



● albumin

Your blood pressure result on 3/1/12 was 135/80. EXCELLENT!
Date was 168/105

Controlling your blood pressure may help to protect your kidneys.