**Catherine Cowie, Ph.D., NIH’s National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). Cowie directs NIDDK-funded programs researching diabetes epidemiology.**

**Transcript for Cowie1:**

“The outlook for people with type 1 diabetes continues to improve. These results show that by tightly controlling their blood glucose, people with type 1 diabetes can live longer.”