

# Flexible Microsystems-Integrated Urinary Catheters to Aid CAUTI Prevention

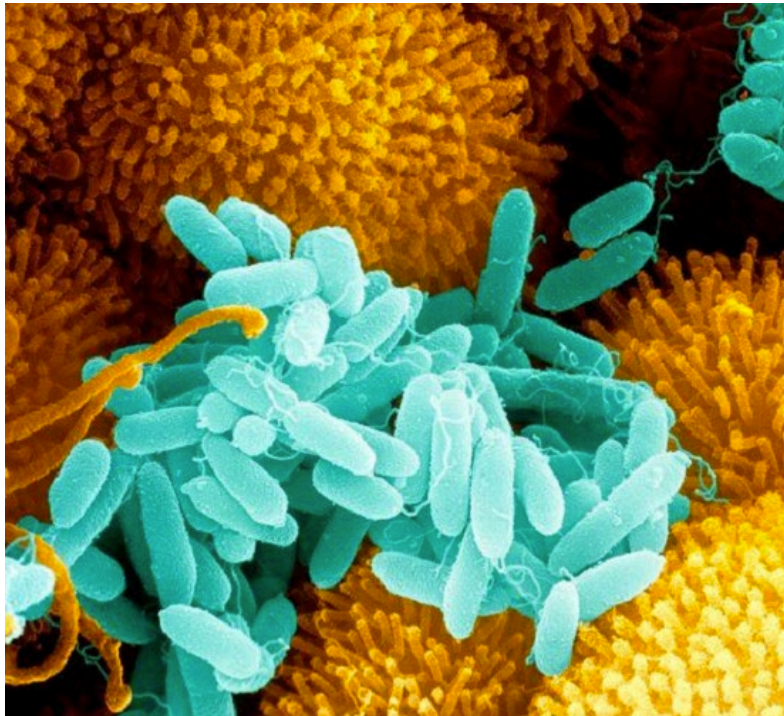
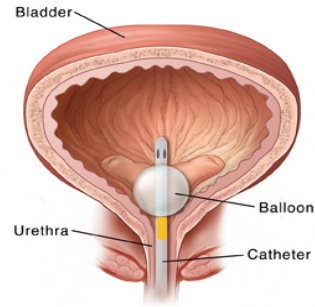
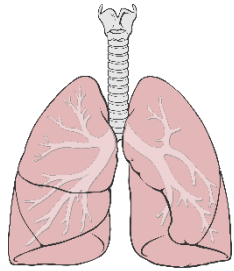
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Institute for Systems Research  
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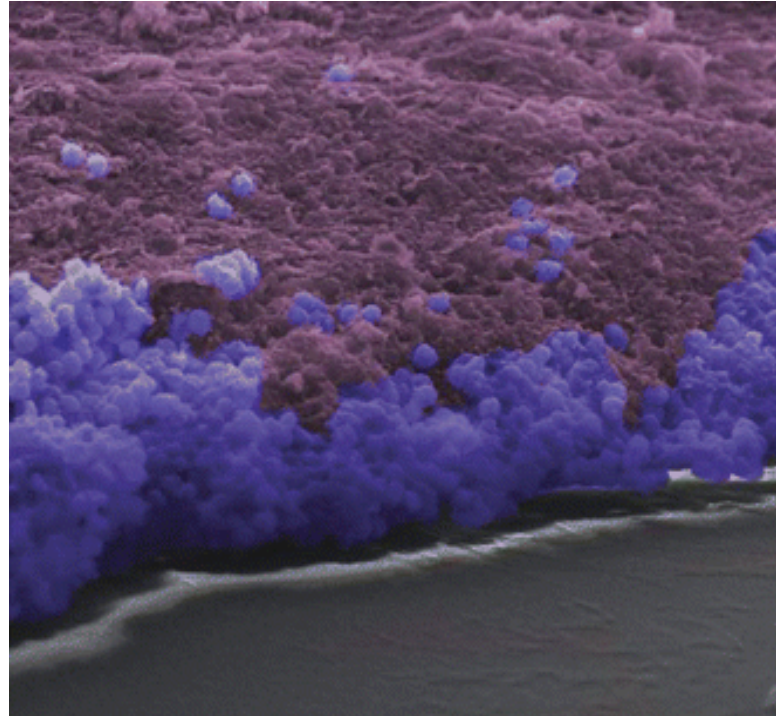
NIH NIDDK CAUTI Technology Workshop

Monday, March 11, 2019

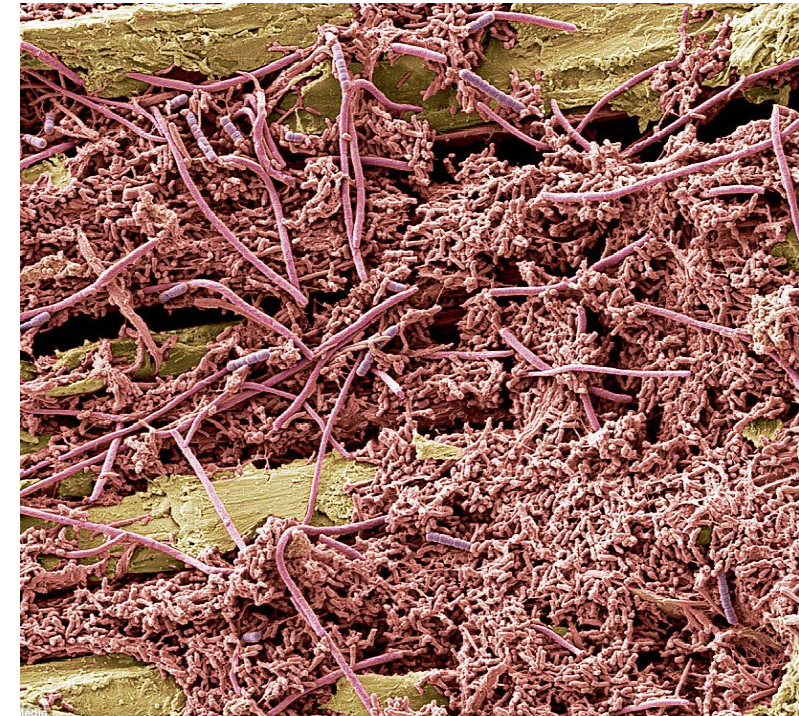
# Bacterial Biofilms



*Pseudomonas aeruginosa* biofilm  
in a lung, [www.sciencephoto.com](http://www.sciencephoto.com)



*Staphylococcus aureus* biofilm  
in a catheter, [www.jimmunol.org](http://www.jimmunol.org)



Plaque on teeth,  
[www.dailymail.co.uk](http://www.dailymail.co.uk)



# Microdevice Approaches for Biofilms

- **Microfluidic Control**<sup>[1]</sup>

- Reproducible biofilm growth
- Reduced reagent consumption

- **Analog AI-2 Biofilm Inhibition**<sup>[2]</sup>

- Quorum sensing inhibitor treatment
- Synergistic with antibiotics

- **Bioelectric Effect (BE) Treatment**<sup>[3]</sup>

- Low-intensity electric field and low dose antimicrobial
- Synergistic removal effect
- Reduced antibiotic use

- **Integrated Biofilm Sensors**<sup>[4,5]</sup>

- Surface-acoustic-wave sensor
  - Sensitive
  - Complex fabrication
- Impedance sensor
  - Analog
  - Simple fabrication

- **Feedback-driven System**<sup>[5]</sup>

- Threshold-activated biofilm treatment
- Simple electrical engineering approach

[1] Meyer et al., *J Micromech Microeng*, 2015

[2] Roy et al., *Appl Microbiol Biotechnol*, 2013

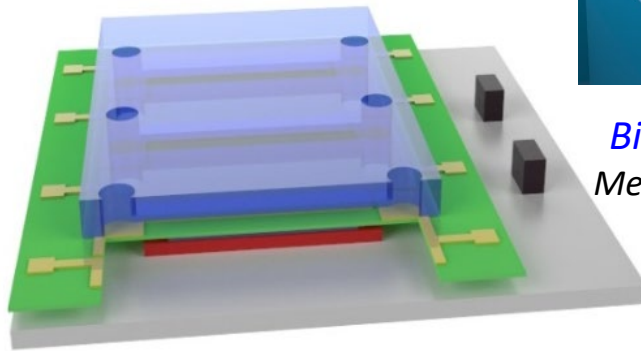
[3] Kim et al., *npj Biofilms Microbiomes*, 2015

[4] Kim et al., *Sens Actuators A Phys*, 2016

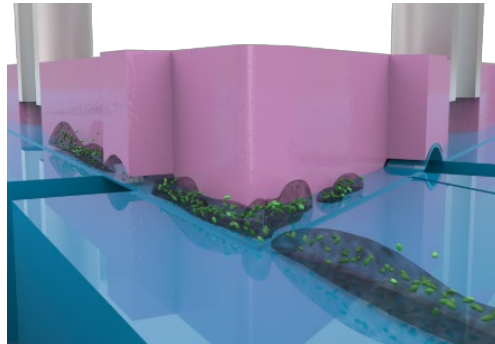
[5] Subramanian et al., *ACS Appl Mater Interfaces*, 2017 <sup>3</sup>

# Microdevice Approaches for Biofilms

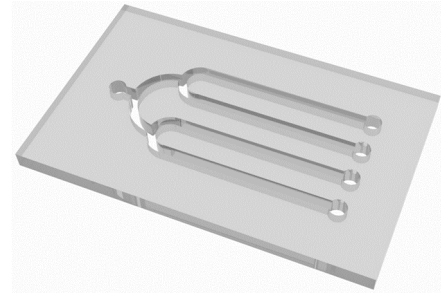
## Characterization



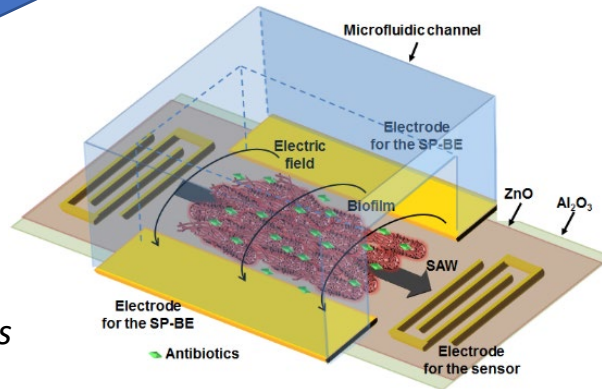
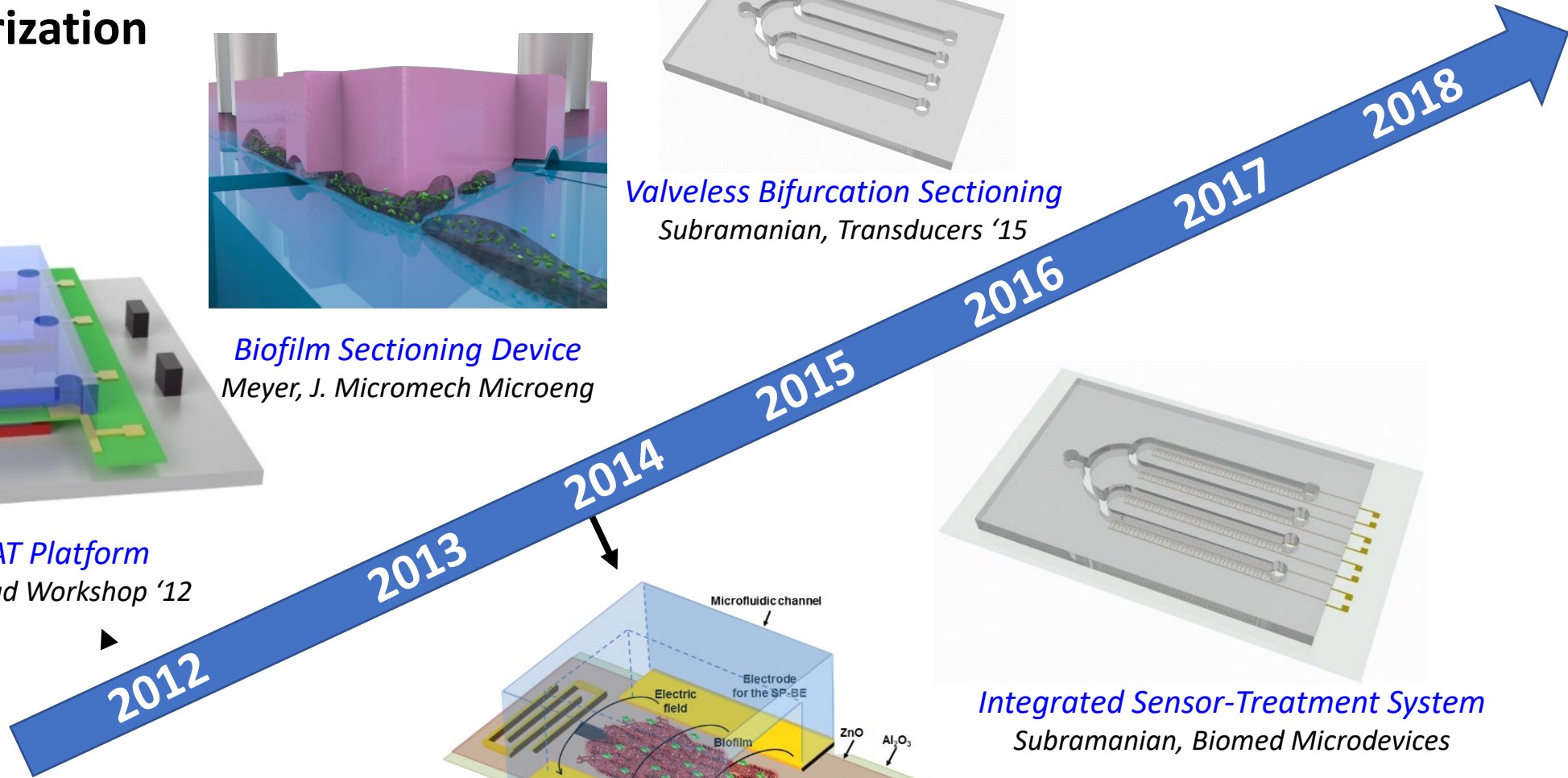
*Micro-BOAT Platform*  
Kim, Hilton Head Workshop '12



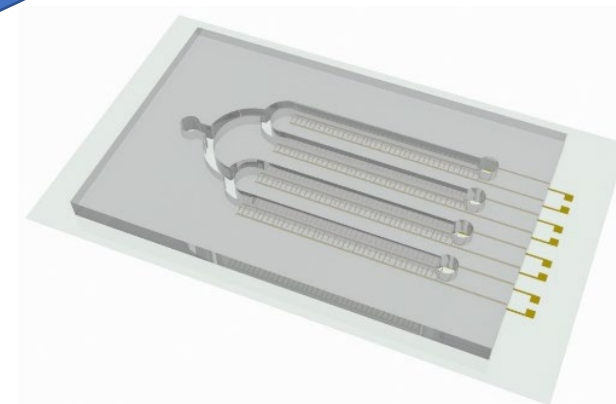
*Biofilm Sectioning Device*  
Meyer, J. Micromech Microeng



*Valveless Bifurcation Sectioning*  
Subramanian, Transducers '15



*Integrated System*  
Kim, Sensor Actuat A-Phys

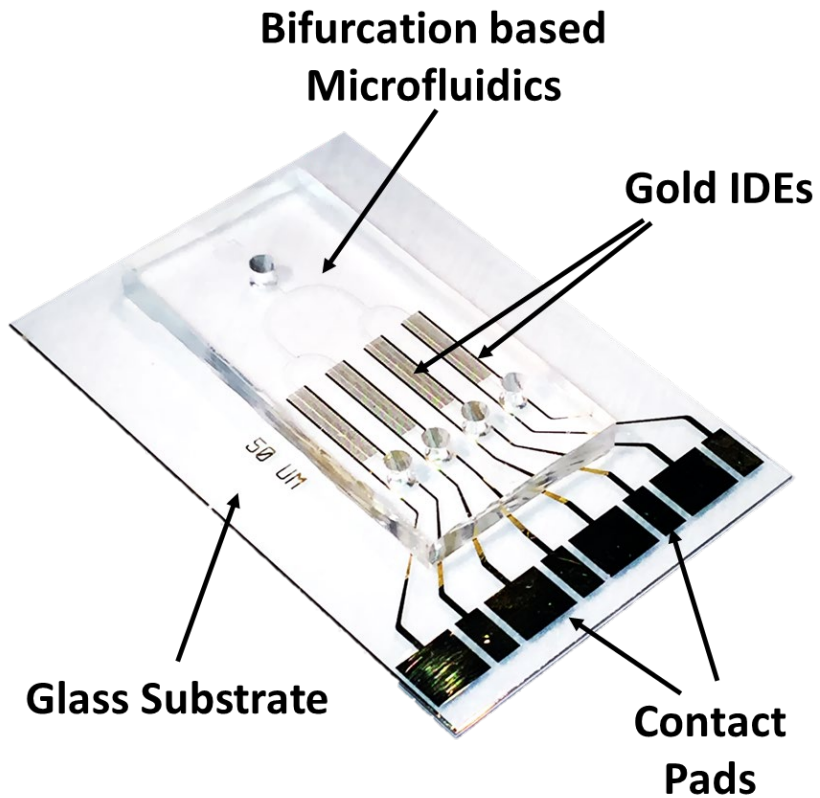


*Integrated Sensor-Treatment System*  
Subramanian, Biomed Microdevices

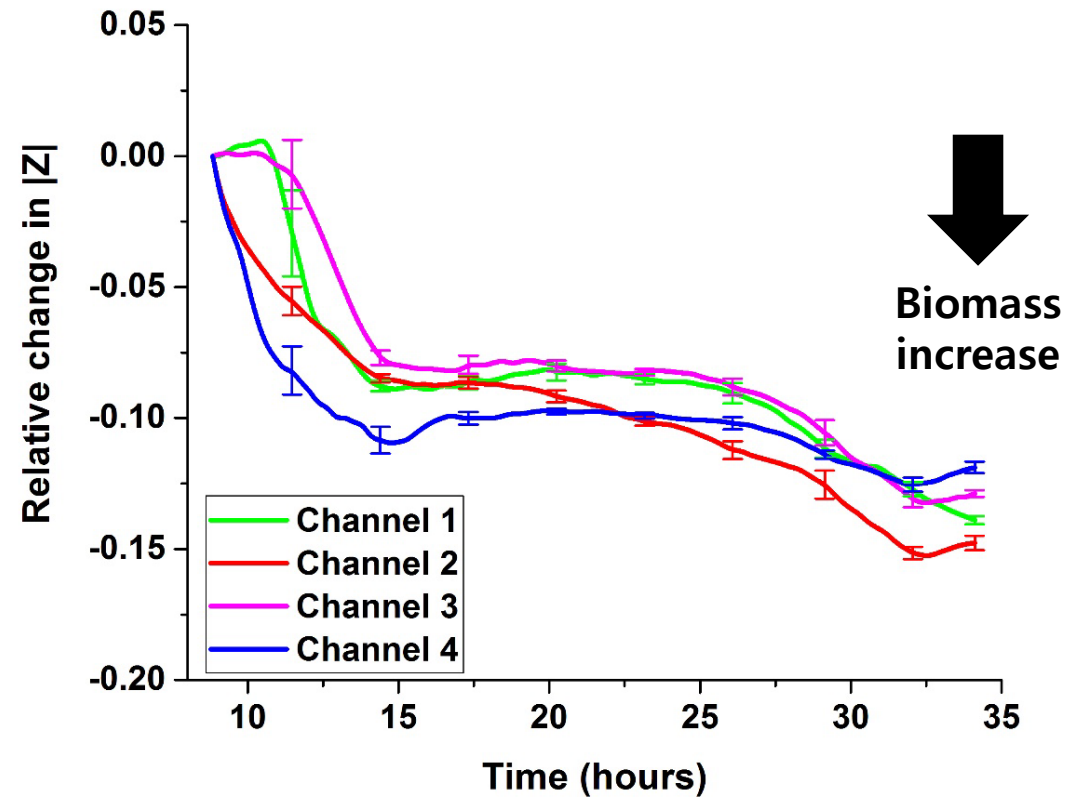
## Treatment

# Biofilm Monitoring using Impedance Sensor

- Real-time biofilm growth monitoring with a microfluidic device using interdigitated electrode (IDE) sensors at **5 mV**



*A 4-channel microfluidic bifurcation device*



*Real-time impedance sensing of uniform biofilm growth*

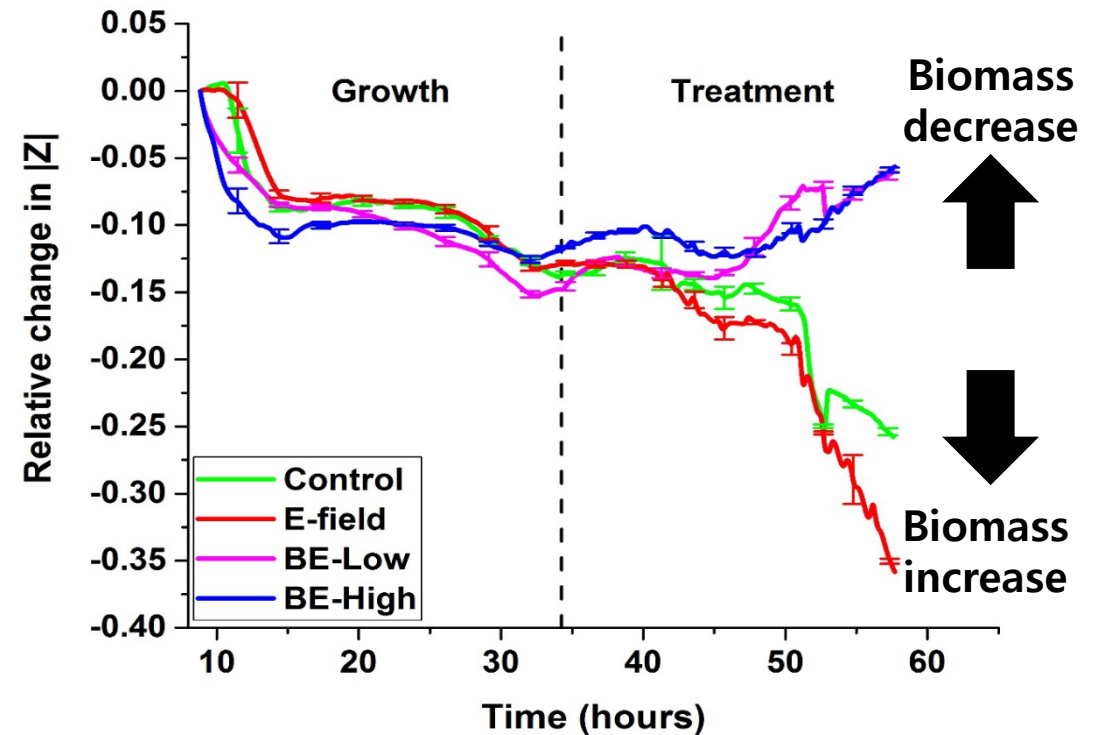
# Integrated Impedance-BE Microsystem

- IDEs used for **sensing** and **application of the BE treatment**
- Application of **sensing voltage results in treatment** in the BE-low channel

Channel	Sensing	Treatment
Control	5 mV	LB media only
E-field Only	5 mV	LB media + 100mV
BE - low	5 mV	10 $\mu\text{g/ml}$ gentamicin in LB media
BE - high	5 mV	10 $\mu\text{g/ml}$ gentamicin in LB media + 100mV

*Experimental conditions during treatment phase*

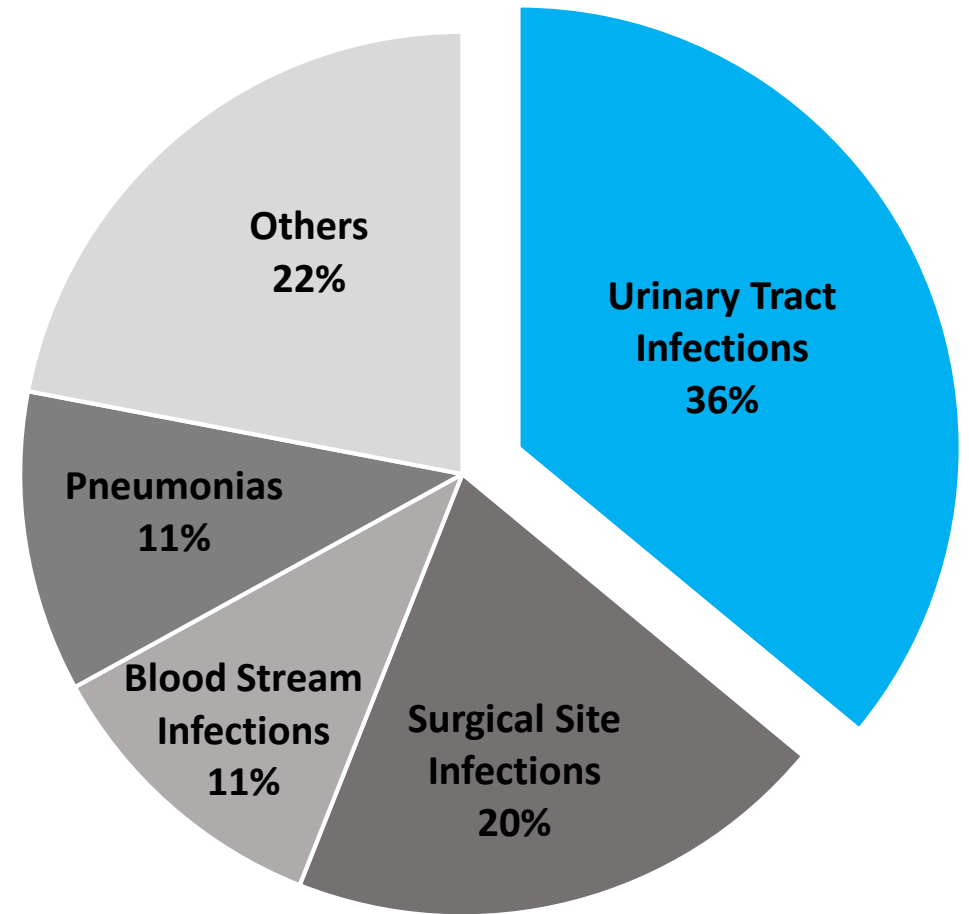
Sensing voltage also causes significant BE



*Relative change in absolute impedance during BE treatment of E.coli biofilms*

# Urinary Catheter Infections

- The most common health-care-associated infection in the US
- 530,000 cases
- 13,000 deaths
- \$450M in costs
- 5% per day of catheter implantation
- ~75% of urinary tract infections



*Healthcare-Associated Infections by origin,  
Klevens et al., Public Health Rep., 2007*

**“Catheters are Causing Serious Problems in Hospitals”** – in Tonic (Vice), November, 2018  
([https://tonic.vice.com/en\\_us/article/59vbm/catheters-are-causing-serious-problems-in-hospitals](https://tonic.vice.com/en_us/article/59vbm/catheters-are-causing-serious-problems-in-hospitals))

# Catheter Infection Management

- Diagnostic: Bacterial Culture
  - Time consuming

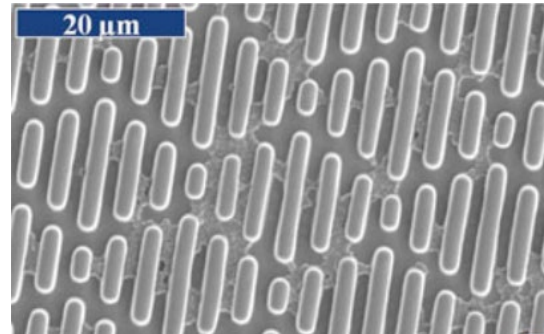


*Blood agar plate for culturing bacteria, Thermo Fisher*

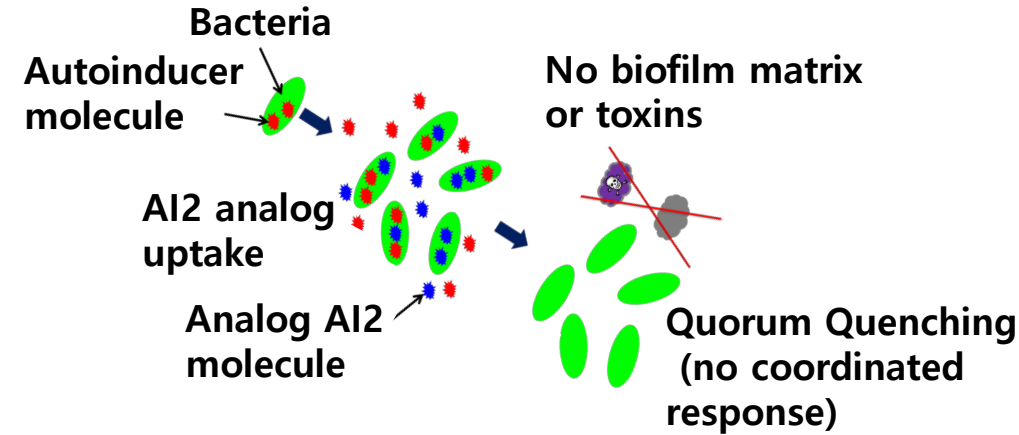
- Antibiotics
  - Spread resistance

- Quorum Sensing Inhibitors

- Surface Modifications
  - Micro-topography
  - Chemical modification



*Sharklet anti-biofilm microstructure, Chung et al., Biointerphases, 2007*



*Quorum sensing inhibitors prevent biofilm formation*



*Catheter infused with metal ions to kill biofilm, Bard, 2013*



# In CDC Guideline for CAUTI Prevention

## *III. Proper Techniques for Urinary Catheter Maintenance*

E. Changing indwelling catheters or drainage bags at routine, **fixed intervals is not recommended**. Rather, it is suggested to **change catheters** and drainage bags based on **clinical indications** such as infection, obstruction, or when the closed system is compromised.

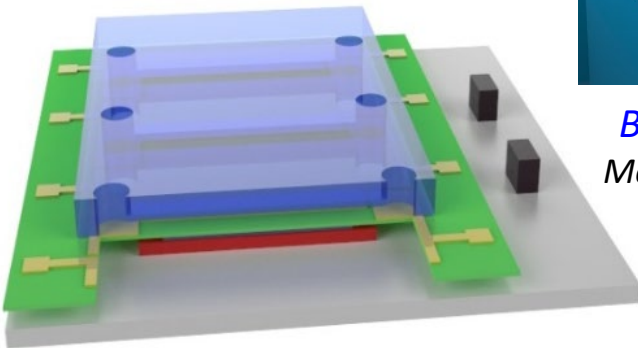
F. Unless clinical indications exist (e.g., in patients with bacteriuria upon catheter removal post urologic surgery), **do not use systemic antimicrobials routinely** to prevent CAUTI in patients requiring either short or long-term catheterization.

### **Technological Approach:**

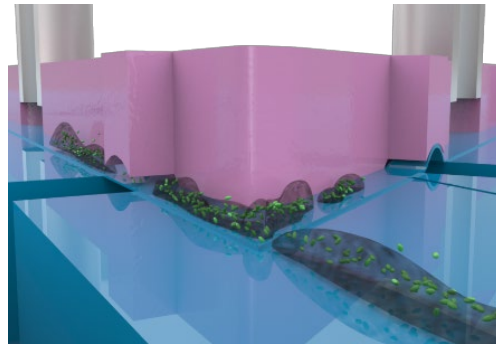
**Catheter-Integrated Microsystems to Aid Clinical Practices for CAUTI Prevention**

# Biofilm Microsystems

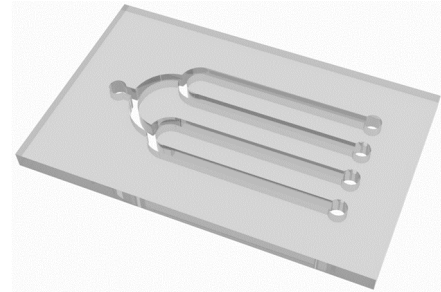
## Characterization



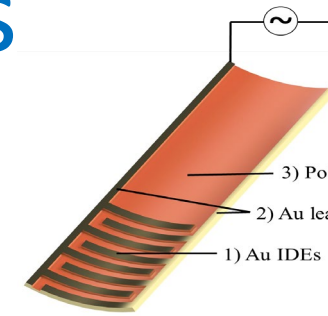
*Micro-BOAT Platform*  
Kim, Hilton Head Workshop '12



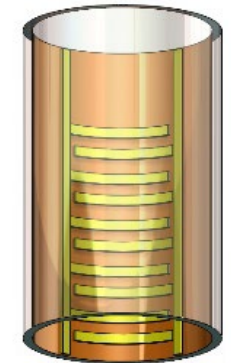
*Biofilm Sectioning Device*  
Meyer, J. Micromech Microeng



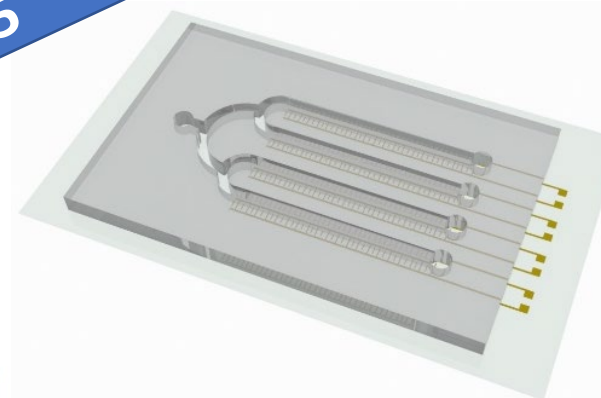
*Valveless Bifurcation Sectioning*  
Subramanian, Transducers '15



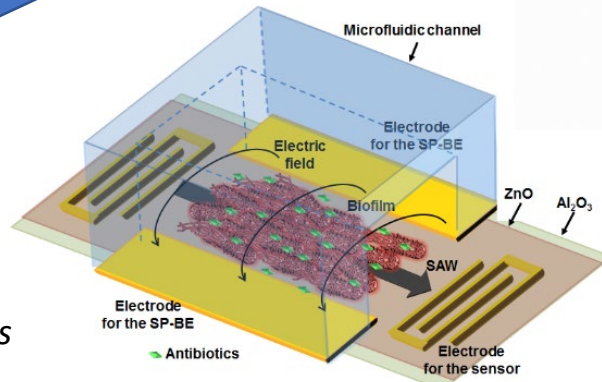
*Wireless Flexible Sensor*  
Huiszoon,  
Hilton Head Workshop '18



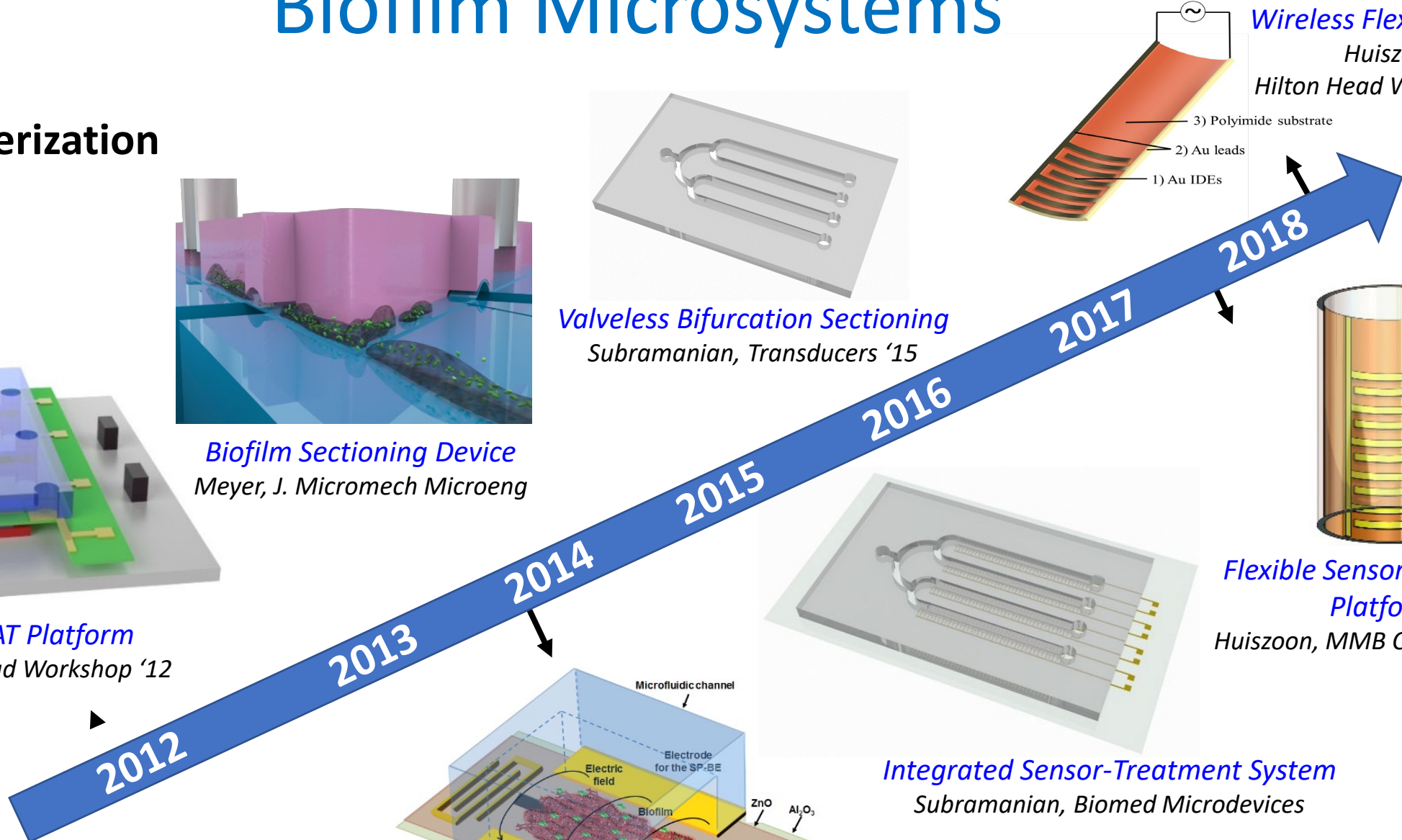
*Flexible Sensor-Treatment Platform*  
Huiszoon, MMB Conference '18



*Integrated Sensor-Treatment System*  
Subramanian, Biomed Microdevices

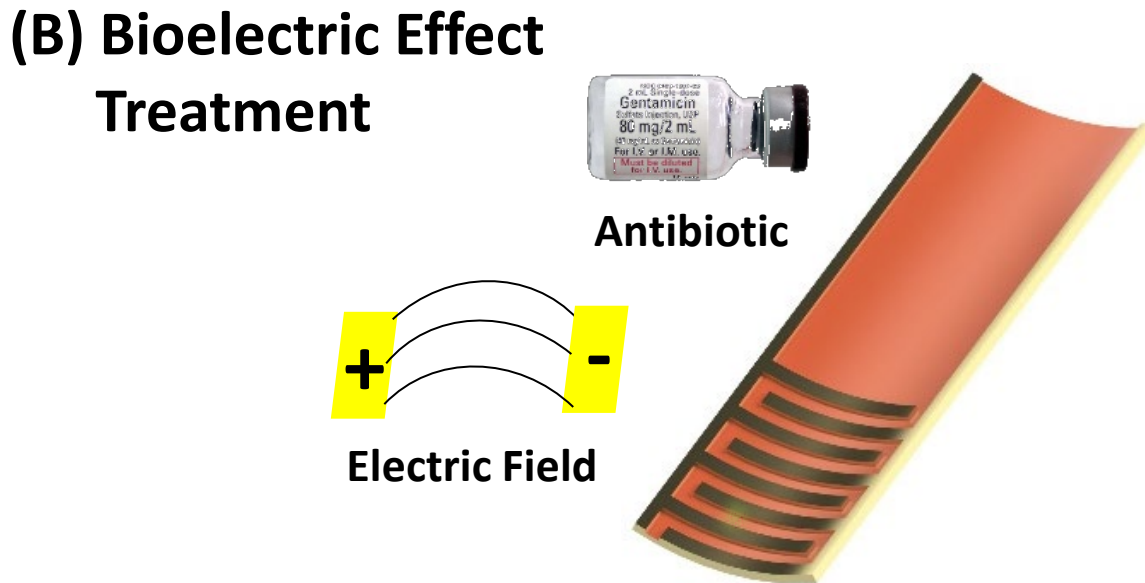
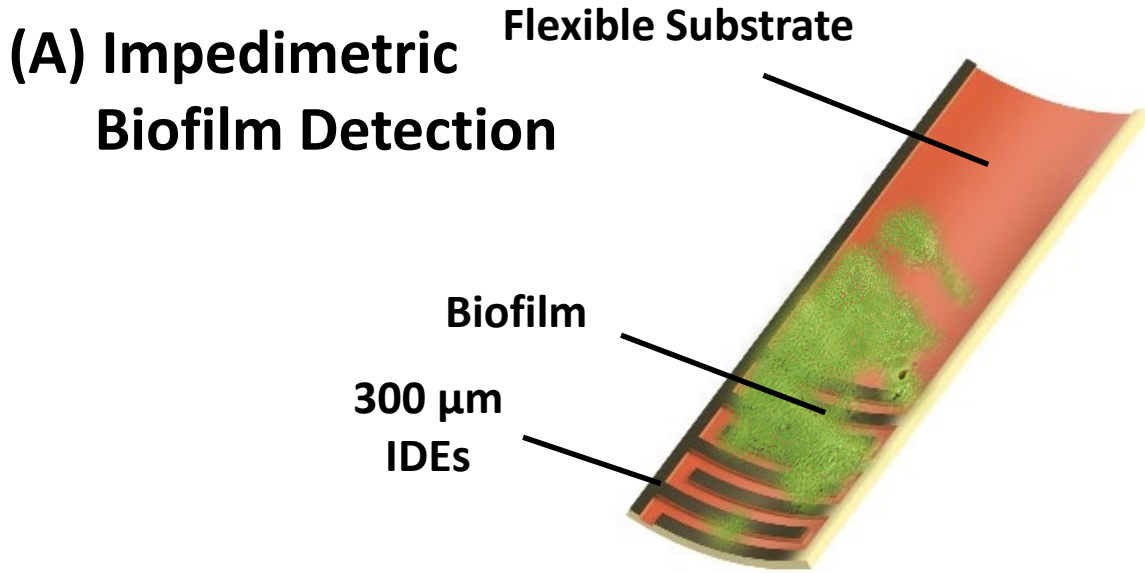


*Integrated System*  
Kim, Sensor Actuat A-Phys

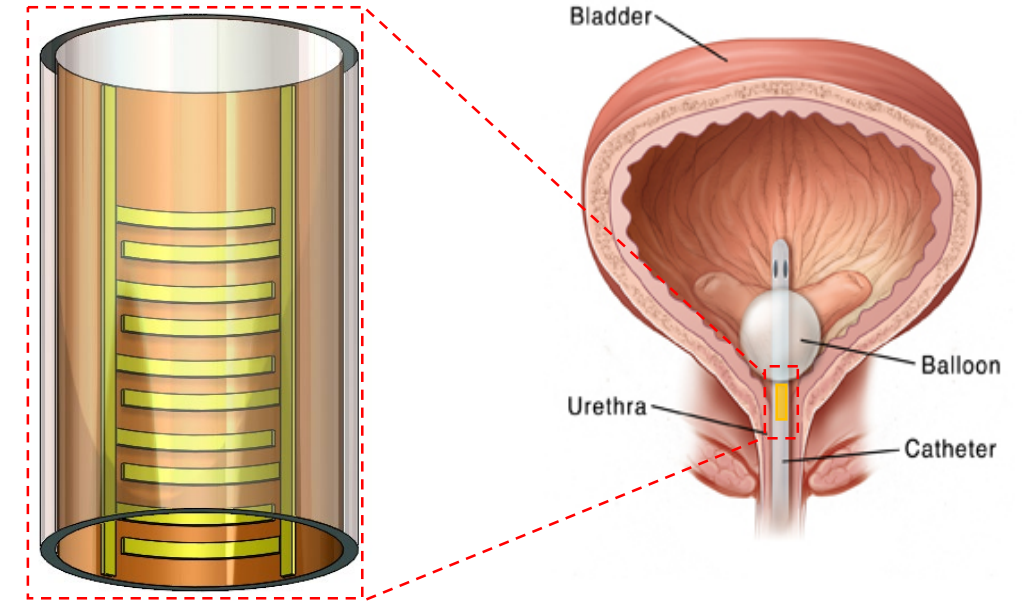


## Treatment

# Flexible Biofilm Microsystem



## (C) Integration with Complex Surface



*(A) Flexible platform with interdigitated electrodes for biofilm detection, (B) biofilm removal achieved by combining electric field and antibiotics, (C) schematic of device conforming to lumen of urinary catheter*

# Flexible Sensing & Treatment Microsystem

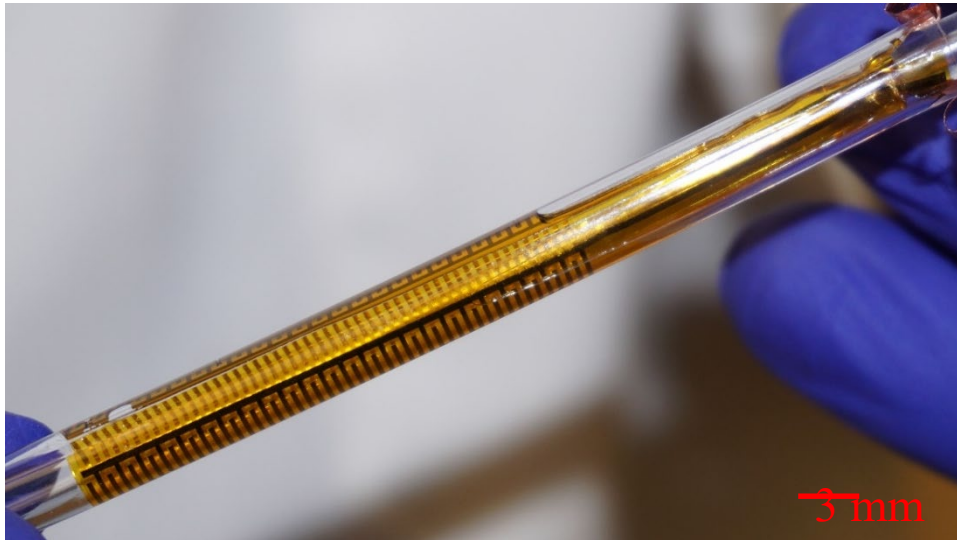
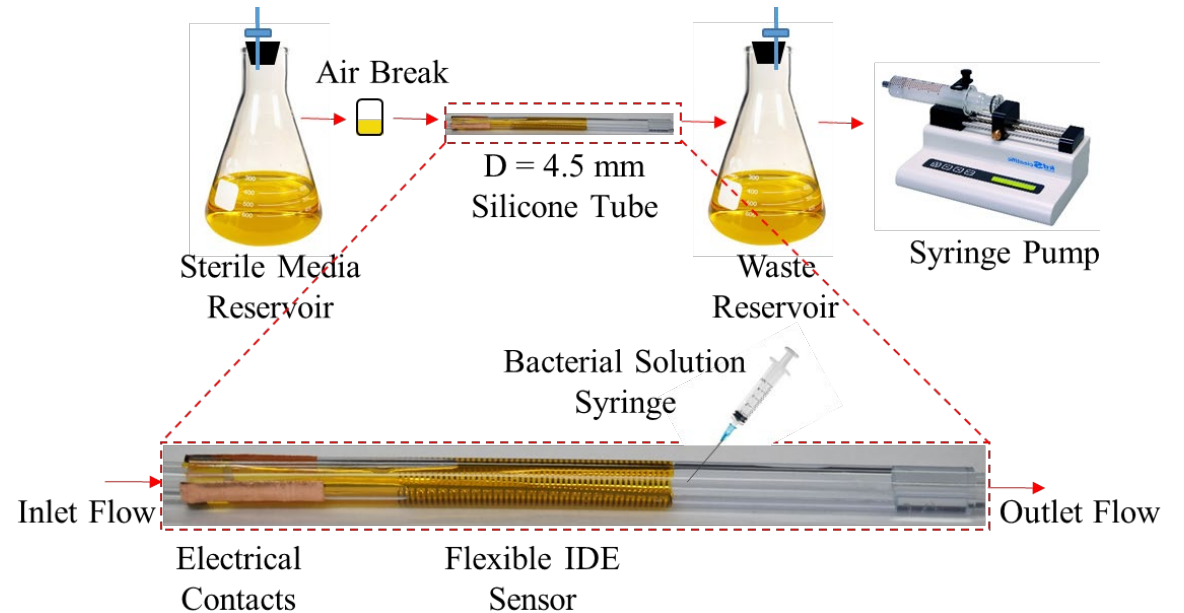


Image of flexible microsystem in a urinary catheter

- IDE-based microsystem
- Combination sensing and BE treatment

Sample	Sensing	Condition
Unseeded	50 mV	LB media + No bacteria
Untreated	--	LB media
BE	50 mV	10 µg/ml gentamicin in LB media
Anti-Only	--	10 µg/ml gentamicin in LB media
Sense-Only	50 mV	LB media

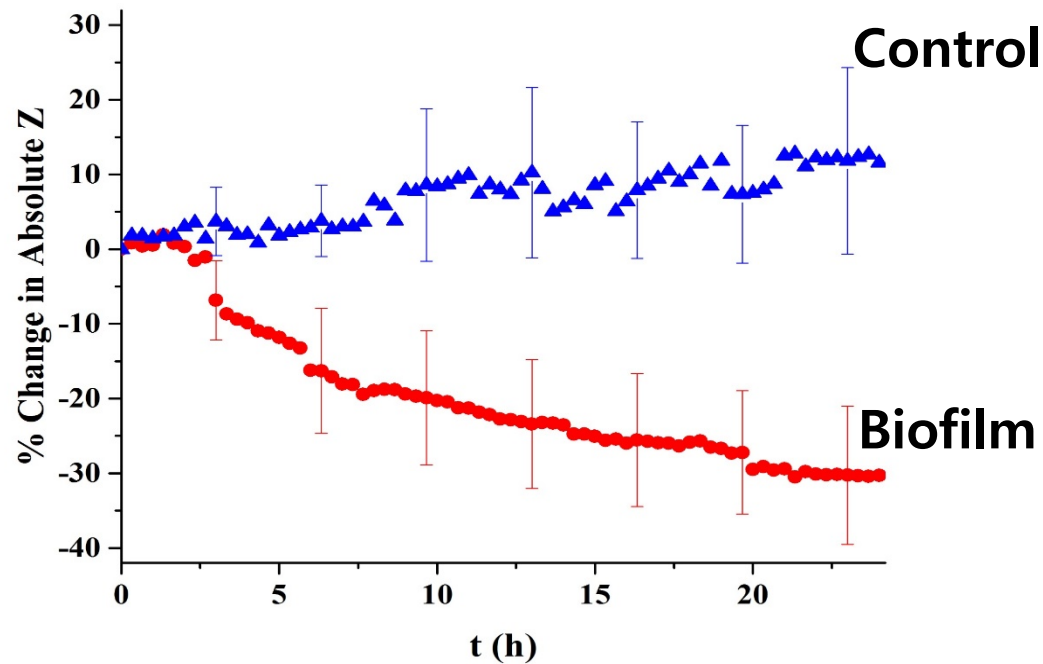


Experimental test setup for flexible device in catheter section

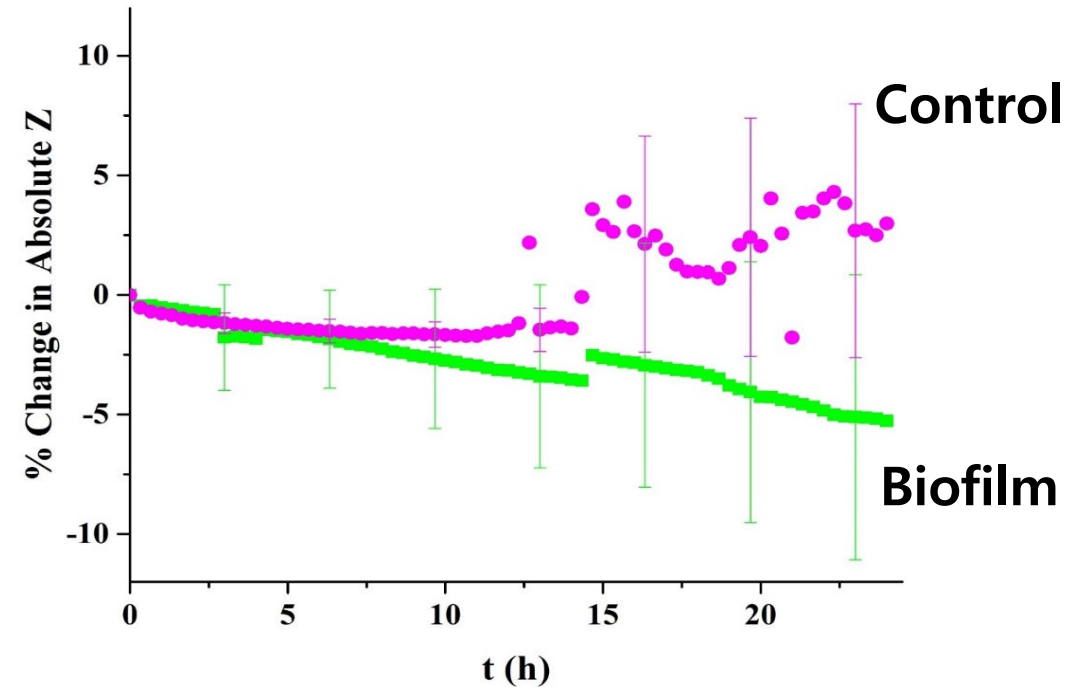


# Impedance Sensing

- Impedance response changes in real-time with *E. coli* biofilm growth on IDEs on cylindrical catheter surface
  - >30% decrease in 24 hours
  - Similar sensing trend apparent with potentiostat and impedance converter



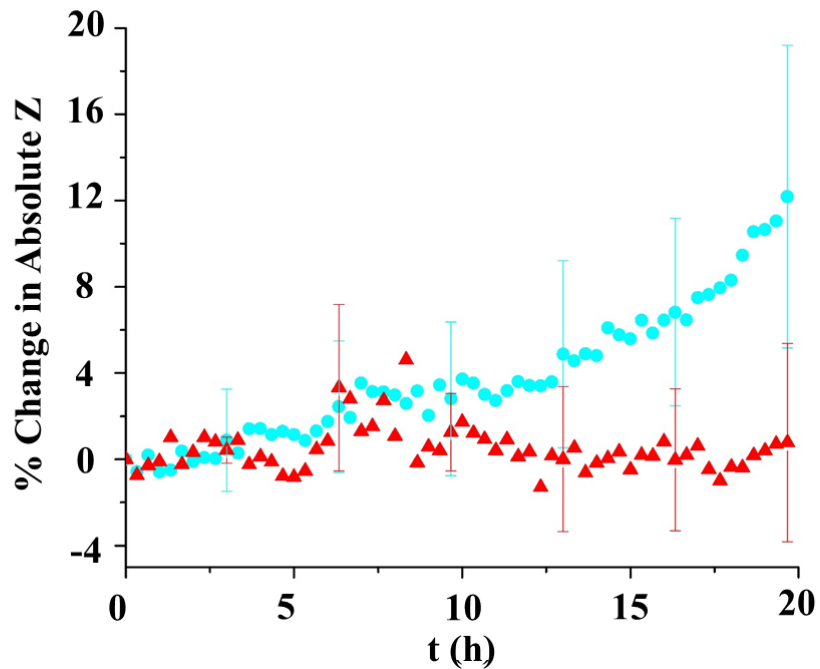
Percent change in 100 Hz impedance during 24 h with benchtop potentiostat (N=5)



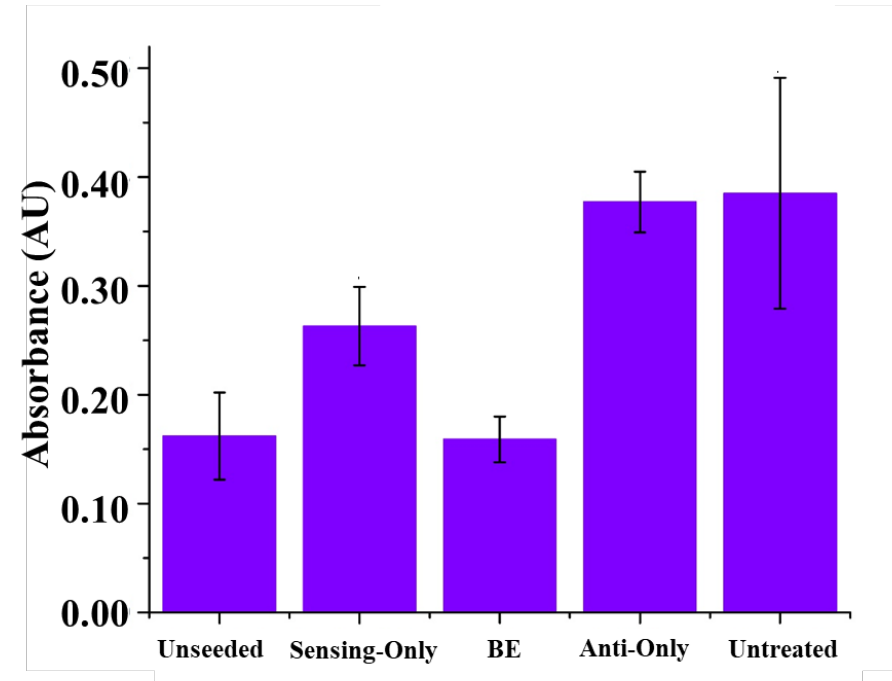
Percent change in 1 kHz impedance during 24 h with impedance converter (N=3)

# BE Treatment Efficacy

- Impedance characterization and crystal violet biomass quantification of *in situ* BE treatment



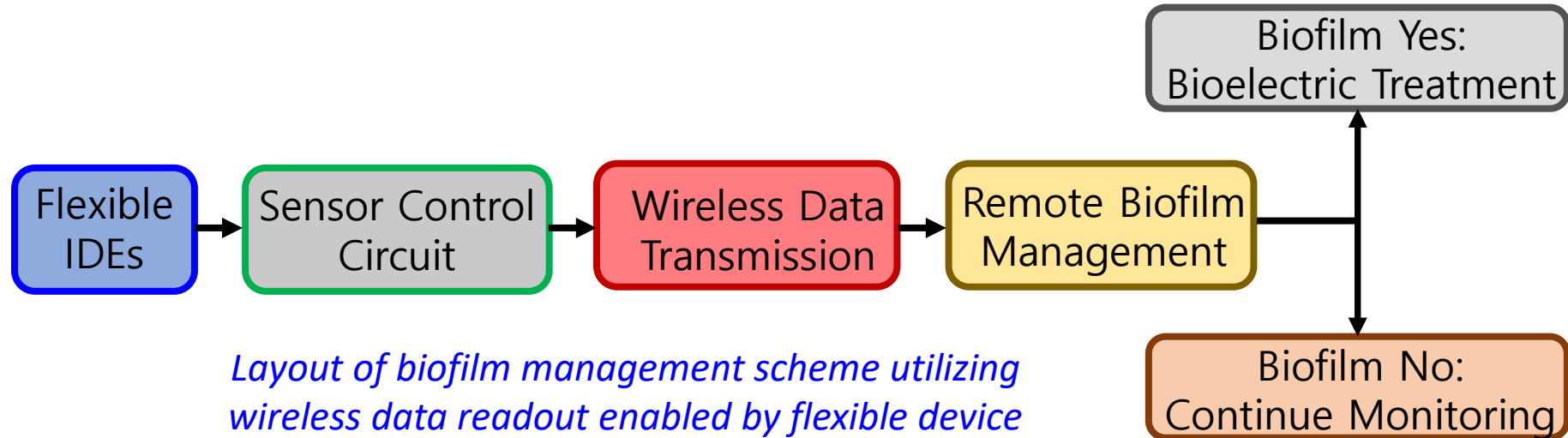
Percent change in 100 Hz impedance during treatment (N=3)



Crystal violet biofilm biomass results (N=3)

BE treatment yields biomass similar to biofilm-free samples

# Wireless Biofilm Management



Wireless readout and control approach showing sensor embedded (inserted urinary catheter) on a cylindrical surface

# Human-Technology Partnerships

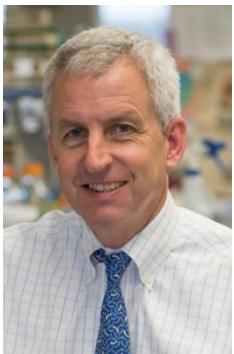
- Reliable sensor performance (sensitivity, selectivity, life time, etc.)
- Standardization in data acquisition, transfer and analysis
- Adaptive, customizable, and secured partnership via integration with machine learning/AI
- Understanding the needs and communication protocols from different disciplines (e.g. engineers, clinicians, biologists, data scientists, etc.)



# Our Team / Acknowledgement



*MEMS Sensors and Actuators Laboratory*



*Professor  
William Bentley*



*Luke Beardslee  
M.D./Ph.D.*

