

When Your Child Is Diagnosed with Diabetes: Parents' Questions for the Health Care Team

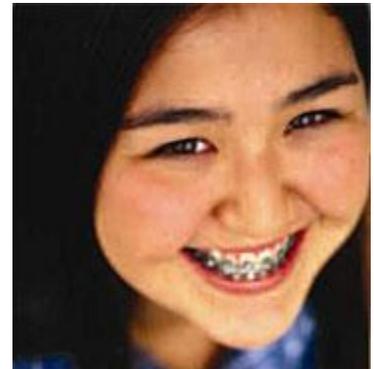
Parents of children with diabetes often have concerns about the disease, its impact on their family, and how to keep their children safe and healthy. Use these questions to talk with your child's health care team and learn about your child's diabetes care needs... at diagnosis and later on as well.

What are the different types of diabetes?

- Which type of diabetes does our child have?
- Will it ever go away?
- Will my child with type 1 diabetes always have to take insulin?

How is diabetes managed?

- How can we help our child manage his/her diabetes?
- How often will our child need to visit you each year?



Who should be part of my child's health care team?

- What role does each person play in my child's care?
- How do we contact them?

How can we work together as a family to help our child?

- How can we help our child check blood glucose; take insulin or other medication; eat healthy foods; be more active; and learn about diabetes?
- Who can help us work together as a family?



What emotional issues might our child and family face?

- Will diabetes affect the way our child behaves?
- When do we start letting our child manage his/her own diabetes care?
- Who can help us cope with these issues?

Should we tell friends and family about our child's diabetes?

How do we pay for diabetes care?

What resources are there to help our child in school?

What does this mean for other members of our family?

- Does it mean our other children will get diabetes too?
- What about other family members?

What research is going on?



Additional Resources for Parents and Children

National Diabetes Education Program

www.YourDiabetesInfo.org or call 1-888-693-NDEP (1-888-693-6337)

National Diabetes Information Clearinghouse
<http://diabetes.niddk.nih.gov> or call 1-800-860-8747

Centers for Disease Control and Prevention
www.cdc.gov/diabetes or call 1-800-311-3435

JDRF
www.jdrf.org or call (800) 533-CURE (2873)

Children with Diabetes
www.childrenwithdiabetes.com

American Association of Diabetes Educators
<https://www.diabeteseducator.org/> or call 1-800-TEAM-UP4 (1-800-832-6874)

HealthCare.gov
www.healthcare.gov or call 1-800-318-2596

American Diabetes Association
www.diabetes.org or call 1-800-DIABETES (1-800-342-2383)

Joslin Diabetes Center
www.joslin.org or call 1-800-JOSLIN-1

See NDEP's [Resources for Diabetes in Children and Adolescents](#) for a listing of government agencies, professional organizations, and voluntary associations that provide information and resources related to diabetes in children and adolescents.

For the ANSWERS to these questions, and more information visit:

<http://ndep.nih.gov/teens/ParentsQuestions.aspx>