

HOW DIABETES AFFECTS CHILDREN



1 out of 3 children

born in the year 2000 will develop diabetes in their lifetime.¹

Each year **over 18,000** youth are diagnosed with type 1 diabetes and **over 5,000** youth are diagnosed with type 2 diabetes.²

Who's Affected?

New cases of **type 1** diabetes are more common in

non-Hispanic white youth



New cases of **type 2** diabetes are more common in

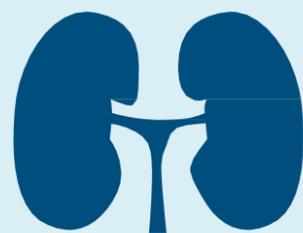
minority youth and those aged 10-19

Research shows type 2 diabetes is aggressive in children.

Early and aggressive treatment is important to help children and teens with type 2 diabetes control their blood sugar levels and reduce the risk of health problems.³



Some **youth with type 2 diabetes** show early signs of **heart disease** and **kidney damage**.⁴



To learn more about diabetes in children, visit www.ndep.nih.gov/Youth.

1. Narayan KMV, Boyle JP, Thompson TJ, Sorensen SW, Williamson DF. Lifetime risk for diabetes mellitus in the United States. JAMA 2003 October 8;290(14):1884-1890.

2. Centers for Disease Control and Prevention: National diabetes statistics report: estimates of diabetes and its burden in the United States A, GA: U.S. Department of Health and Human Services; 2014.

3. TODAY Study Group. A Clinical Trial to Maintain Glycemic Control in Youth with Type 2 Diabetes. New Engl J Med 366:2247-2256, 2012.

4. TODAY Study Group. Diabetes Care 2013; 36: 1735-1774.



National Diabetes Education Program

A program of the National Institutes of Health and the Centers for Disease Control and Prevention