

Transitions from Pediatric to Adult Care Tool

The screenshot displays the NDEP website interface for the 'Transitions from Pediatric to Adult Health Care' tool. The page features a navigation bar with links for 'Home', 'Publications', 'Resources', 'Diabetes Facts', and 'Press'. Below the navigation bar, there are search options and a breadcrumb trail: 'You are here: NDEP Home > Health Care Professionals, Businesses & Schools > Transition Resources'. The main content area is titled 'Transitioning from Pediatric to Adult Health Care' and includes three featured sections: 'Resources List >', 'Clinical Summary for New Health Care Team >', and 'Pediatric to Adult Diabetes Care Transition Planning Checklist >'. A sidebar on the left offers navigation options under 'In This Section' (Health Care Professionals, Businesses, Schools, Transition Resources) and 'Diabetes Topics' (a dropdown menu). Below the sidebar, there is a 'Find Publications for Me' section with filters for Age, Diabetes Status, Ethnicity/Race, and Language. The main content area also contains introductory text: 'NDEP has assembled materials to help teens with diabetes and their families as well as health care professionals involved in their care to make as smooth a transition to adulthood as possible. The time period of transition from teenage years to adulthood can be stressful for teens with diabetes and their families. Teens need to gradually assume more responsibility for diabetes self-management and to make more independent judgments about their health care needs. At the same time, diabetes care teams change – from pediatrics to an adult health care team. Insurance coverage may change or be lost as young adults are no longer covered by family plans.'

NDEP's **Transitions from Pediatric to Adult Care Tool** provides tools and information to help teens, their parents, and health care professionals transition from pediatric to adult health care:

- The **Checklist** provides a timeline to guide the diabetes transition planning process and suggests key action steps for completing various aspects of the transition process.
- The **Patient Clinical Summary** is an at-a-glance document to support the new adult care team and provides helpful information such as a list of the patient's current medical problems, insulin types, self-monitoring, history of diabetic ketoacidosis and patient/family comments.
- **The Resource List** offers additional sources such as videos, message boards, social networks, workbooks, checklists, guides and books.

For more information, visit www.YourDiabetesInfo.org/Transitions