

## **Making the Link Between Diabetes and Cardiovascular Disease**

### **Radio Public Service Announcements Live Read Scripts (English)**

**:15 ----If you have diabetes, take action now  
to reduce your risk for heart attack and  
stroke.**

**Ask your doctor or health care provider how  
you can manage your blood sugar, blood  
pressure, and cholesterol.**

**:15 ----If you have diabetes, be smart about  
your heart.**

**Ask your doctor or health care provider about  
controlling your blood sugar, blood pressure,  
and cholesterol—for a healthier life.**

**:30 ----If you have diabetes, you may already know  
you could develop kidney disease...suffer  
amputations...or go blind.**

**But did you know people with  
diabetes are nearly 2 times more likely to die from heart disease or  
stroke than a person without diabetes?**

**Lower your risk of heart disease and stroke  
by managing your blood sugar, blood  
pressure, and cholesterol.**

**Ask your doctor or health care provider to tell  
you more about the link between diabetes  
and heart disease.**

**Or call (insert your phone number).**

**A message from (insert your organization's  
name) and the National Diabetes Education  
Program.**

**:30 ----If you have diabetes, you are at high  
risk for heart attack and stroke.**

**But you can fight back.**

**Ask your doctor or health care provider how you can manage your blood sugar, blood pressure, and cholesterol to avoid heart attack, stroke and other diabetes problems. Be smart about your heart and live a longer, healthier life.**

**For more information call 1-800-438-5383. Brought to you by (insert your organization's name) and the National Diabetes Education Program.**

**:30 ----If you have diabetes, be smart about your heart.**

**Heart disease and stroke are the leading killers of people with diabetes, but you can fight back.**

**Ask your doctor or health care provider how you can manage your blood pressure and cholesterol, as well as your blood sugar, to avoid heart attack, stroke and other diabetes problems.**

**A message from (insert your organization's name) and the National Diabetes Education Program.**